

Starting Mon 3rd Feb!

#Mental
Healthy
- in your
community



#Better in Bassetlaw

Monday, Wednesday and Friday 5-9pm

Drop in sessions are held at the Crossing, Newcastle St, Worksop,
S80 2AT

Our aim is to offer support to reduce any immediate crisis, signpost to local services and develop a safety plan to improve your resilience to cope at difficult times. Why not drop by for an informal chat and a cuppa.